



HEIMLICH -- Conscious (Standing or Sitting)

1st: Give FIVE back blows



2nd: Give FIVE abdominal thrusts (or 5 chest thrusts for infants)



Continue alternating until the object is expelled or the patient becomes unconscious (*below*).

HEIMLICH -- Unconscious

1st: Give THIRTY chest compressions



2nd: Look for/remove the object from the oropharynx

Continue until the object is expelled and ventilations are successful
(Paramedics may consider direct laryngoscopy per guidelines)