

T-P3 TOURNIQUET PLACEMENT



Indications

- **Serious or life threatening** extremity hemorrhage, *AND*
- Standard hemorrhage control techniques are inadequate, or tactical considerations prevent their use.

Contraindications

- Non–extremity hemorrhage
- Proximal extremity location where tourniquet application is not practical

Technique

1. Place tourniquet proximal to wound
2. Tighten (*per manufacturer instructions*) until hemorrhage stops and/or distal pulses in affected extremity disappear
3. Secure tourniquet (*per manufacturer instructions*)
4. Note time of tourniquet application and communicate this to receiving care providers
5. Dress wounds per standard wound care guidelines
6. Contact Medical Control ASAP, and always include tourniquet use in your report
7. If delayed or prolonged transport and tourniquet application time anticipated greater than 2 hours, consider air transport
8. Document times, location and clinical bleeding/exam changes in the PCR

If bleeding persists apply a second tourniquet.